## FOUNDATION COURSE AT BHASKAR MEDICAL COLLEGE

The Foundation Course is of one-month duration after admission

The Foundation Course will provide a sound foundation for learning in the MBBS course and later in their professional career

This is proposed to be achieved through a dedicated one month exclusive "Foundation Course", at the beginning of the MBBS course, to orient and sensitize the student to the various identified areas. Many of these identified areas will need to be followed up by more focused outcome-based sessions at various stages in the MBBS course. This will be achieved through activities/small courses integrated throughout the course which will be like the thread running through a garland. At appropriate stages throughout the course, emphasis will be laid on the various essential roles of the "Indian Medical Graduate".

- a) Orienting the students to all aspects of the medical college environment.
- b) Equipping them with certain basic, but important, skills required for patient care and enhancing their communication, language, computer and learning skills.
- c) Providing opportunity for peer and faculty interactions and an overall sensitization to the various learning methodologies.

Foundation course includes:

- (i) Orient the learner to:
  - a. The medical profession and the physician's role in society
  - b. The MBBS programme
  - c. Alternate health systems in the country and history of medicine
  - d. Medical ethics, attitudes and professionalism
  - e. Health care system and its delivery
  - f. National health priorities and policies
  - g. Universal precautions and vaccinations
  - h. Patient safety and biohazard safety
  - i. Principles of primary care (general and community-based care)
  - j. The academic ambience
- (ii) Enable the learner to acquire enhanced skills in:
  - a. Language
  - b. Interpersonal relationships
  - c. Communication
  - d. Learning including self-directed learning
  - e. Time management
  - f. Stress management
  - g. Use of information technology
- (iii) Train the learner to provide:
  - a. First-aid
  - b. Basic life support

- (iv) (v) (vi)
- Local language programme English language programme Computer skills